

GPos	Numb	Name	Class	07-Jun	14-Jun	21-Jun	28-Jun	Best 3
Female								
1.	1026	AISLING MURRAY	FO	18:52	18:43	18:42		56:17
2.	2	GRAINNE O'HAGAN	FO	19:02	19:03	18:45	18:52	56:39
3.	1227	EIMEAR MCCARROLL	FU18	19:15	18:54	19:01	18:56	56:51
4.	58	CORA SCULLION	FU12		21:40	20:55	20:42	1:03:17
5.	110	BRIEGE MCCAFFREY	FO	22:12	21:58	21:36	21:43	1:05:17
6.	28	MARTINA MCKENNA	FO	22:57	22:47	23:20	22:53	1:08:37
7.	140	EDEN DAVIS	FU12	23:38	23:46	23:01	22:51	1:09:30
8.	1105	PATRICIA CAMPBELL	FO50	23:45		24:09	23:51	1:11:45
9.	141	HELEN DAVIS	FO	23:40	23:46	25:01	25:31	1:12:27
10.	1465	SIOBHAN DEVINE	FO		24:35	24:36	24:19	1:13:30
11.	15	LORRAINE MCKEOWN	FO40	25:04	24:38	26:00	24:58	1:14:40
12.	100	LOUISE COYLE	FO	25:33	25:33		25:16	1:16:22
13.	106	SHARON COCHRANE	FO40	26:47	25:57		25:19	1:18:03
14.	23	MICHELLE MCGLONE	FO40	26:15	26:12	25:46	37:58	1:18:13
15.	176	SHAUNA TAGGART	FO	29:06	26:23	26:42	25:27	1:18:32
16.	123	MARIA MCCARTER	FO50	26:42	26:09	26:09	26:42	1:19:00
17.	1144	EILEEN MCCAFFREY	FO40	28:23	27:06	26:17	25:59	1:19:22
18.	1045	AINE MCCONNELL	FO	27:19	26:20	26:17		1:19:56
19.	56	MARTINA CRANNY	FO	27:16	26:38	26:27	26:54	1:19:59
20.	144	EMMA MCCARROLL	FO	27:28		26:10	26:45	1:20:23
21.	222	PAULINE DONNELLY	FO60		26:57	26:35	27:06	1:20:38
22.	62	FIONA POTTER	FO	28:29	26:03	28:22	26:15	1:20:40
23.	108	OONAGH MCCarroll	FO	27:29	26:44		26:52	1:21:05
24.	213	AIDEEN MEENAGH	FO	27:31	26:53	27:06	27:15	1:21:14
25.	1112	LISA KELLY	FO40	26:53		26:14	28:30	1:21:37
26.	111	SHAUNA MCKENNA	FO	27:46	27:03	27:21	28:12	1:22:10
27.	173	TARA MEABH MCCARROLL	FO	26:18		29:32	26:26	1:22:16
GPos	Numb	Name	Class	07-Jun	14-Jun	21-Jun	28-Jun	Best 3
28.	186	GEMMA MURRAY	FO	28:27	27:12	29:32	26:43	1:22:22
29.	18	MAURA MONTAGUE	FO40	27:37	27:53	28:10		1:23:40
30.	174	JULIE KELLY	FO40	23:31		24:20	36:08	1:23:59
31.	208	ALISON DONNELL	FO40	28:33	27:54	27:59	28:08	1:24:01
32.	158	TERESA MEEGAN	FO	28:32	27:53	27:59	29:34	1:24:24
33.	1264	CIARA MCCAFFREY	FU18	28:19		28:15	27:51	1:24:25
34.	82	SARAH MCCARROLL	FU12	28:55	27:37	28:22	28:31	1:24:30
35.	80	CARMEL MCCARROLL	FO	27:56		28:26	28:33	1:24:55
36.	120	SIOBHAN KILLORAN	FO40	28:44	28:38	28:17	28:00	1:24:55
37.	73	CARA KERLIN	FU12	32:14	29:45	27:50	27:29	1:25:04
38.	17	AIBHLIN NEESON	FO	28:54	28:02		28:14	1:25:10
39.	1280	PAULINE MCGINN	FO50		28:18	27:57	29:08	1:25:23
40.	60	SEANA MCQUADE	FO	28:33	29:26	28:25	28:30	1:25:28
41.	92	ANN MELLON	FO	28:40	28:39	28:22	28:46	1:25:41
42.	145	OONAGH MCNELIS	FO50	28:49	28:34	28:21	29:32	1:25:44
43.	199	MICHELLE MCMACKIN	FO	30:14	30:18	28:23	27:37	1:26:14
44.	53	ANNA DONNELLY	FU12	28:56	28:09	29:16		1:26:21
45.	163	ANGELA ARKINSON	FO50	29:10	28:52	28:26	29:34	1:26:28
46.	35	BERNEEN GILROY	FU12	28:57	28:33	29:24	30:38	1:26:54
47.	1100	AMANDA BOYD	FO	29:22		28:54	29:48	1:28:04
48.	210	SHIRLEY ROBERTS	FO40	28:39	30:27	29:00	30:46	1:28:06

49.	197	MARIE DONAGHEY	FO40	30:21	30:07	29:45		1:30:13
50.	89	BRENDA MCELROY	FO	33:39		28:27	28:13	1:30:19
51.	66	KERRIE MCDERMOTT	FU12	32:14	30:17	28:08	51:26	1:30:39
52.	1193	EMILY MCILDUFF	FO	33:36	30:25	29:37	30:42	1:30:44
53.	206	PAULINE MCKENNA	FO	31:08	30:50	55:46	29:05	1:31:03
54.	95	ROISIN LOUGHRAN	FO	33:02	32:15	30:13	29:22	1:31:50
55.	142	ALECIA WARRINGTON	FO50	31:40	31:36	30:21	30:42	1:32:39
GPos	Numb	Name	Class	07-Jun	14-Jun	21-Jun	28-Jun	Best 3
56.	1215	ANNA ROSE BEATTIE	FU12		28:36	32:46	31:31	1:32:53
57.	6	SHARON MCALEER	FO50	33:44	31:05	31:10	30:51	1:33:06
58.	1304	RITA LAPPIN	FO	32:32		31:21	31:33	1:35:26
59.	12	GLENDA BATES	FO	32:32		31:21	31:48	1:35:41
60.	1117	MARTINA DUGGAN	FO40	40:36	27:36	27:47		1:35:59
61.	97	MADDIE SMITH	FU12	30:59	29:45	35:16	42:23	1:36:00
62.	204	EMER MIMNAGH	FO	34:04	31:53	30:24		1:36:21
63.	177	SORCHA MCKERNAN	FO	34:04	31:54	30:24	38:04	1:36:22
64.	192	CIARA MCMAUGH	FO	31:50	33:55	33:57	32:22	1:38:07
65.	103	URSULA MCWILLIAMS	FO	28:28	28:52		40:59	1:38:19
66.	74	PAULA KERLIN	FO40	44:09	33:29	31:58	33:16	1:38:43
67.	36	ROSIE BREEN	FO50	33:28	32:23		33:35	1:39:26
68.	190	EMMA BARR	FU12	36:18		31:43	33:15	1:41:16
69.	117	KELLY FULLEN	FO40	34:15	34:02	33:22	34:01	1:41:25
70.	33	CAROLINE MCCARROLL	FO50	34:54	34:02	33:21	35:07	1:42:17
71.	148	ALEX MCKINLEY	FO	30:47	41:43	29:55		1:42:25
72.	1222	TERESA MURRAY	FO50	36:17	33:35	34:43	35:19	1:43:37
73.	125	CLAIRE MCMAHON	FO	36:19	38:08	30:15		1:44:42
74.	166	ANN OHANLON	FO	36:59	34:02	35:00	36:09	1:45:11
75.	126	GRAINNE MOXON	FO	34:56	36:11	34:53	35:56	1:45:45
76.	128	LEONA MOXON	FO	42:06	36:34	34:44	34:54	1:46:12
77.	157	PAULINE TURBITT	FO50	36:15	34:02	36:37	36:05	1:46:22
78.	81	ELLA MCCARROLL	FU18	37:33		35:30	33:28	1:46:31
79.	200	CERYS DONNELLY	FU12	35:07		38:08	33:42	1:46:57
80.	296	LAURA MCCAFFREY	FO	47:25		31:52	29:50	1:49:07
81.	182	CAROLINE HAMILL	FO	34:54	55:05	40:46	33:59	1:49:39
82.	79	COLLEEN GROVES	FO	39:41	35:56		36:11	1:51:48
83.	202	MYA SHEVLIN	FU12	47:54	42:30	28:09	42:44	1:53:23
GPos	Numb	Name	Class	07-Jun	14-Jun	21-Jun	28-Jun	Best 3
84.	159	SINEAD CONNOLY	FO	38:57	37:37	38:51	39:21	1:55:25
85.	99	EDEL SMITH	FO40	38:12	36:24		42:26	1:57:02
86.	1200	DANIELLE HARKNESS	FU18		38:08	38:58	40:46	1:57:52
87.	150	SABRINA CONWELL	FO	43:53	37:58		36:53	1:58:44
88.	90	CARA MCELROY	FU12	33:39		53:14	33:37	2:00:30
89.	127	MARGARET MOXON	FO60	42:13	41:34	40:27	41:32	2:03:33
90.	195	CHANTELLE MCCAFFREY	FU12	47:54		31:44	47:17	2:06:55
91.	153	MARIA KELLY	FO60	45:01	49:12	42:29	40:48	2:08:18
92.	9	LINDA MCCULLAGH	FO50	46:45	43:59	39:49	45:46	2:09:34
93.	170	BERNIE MCSORLEY	FO50	47:47	41:08	41:20		2:10:15
94.	25	LINDA HAYES	FO40	46:46	45:19	40:22	45:46	2:11:27
95.	45	LOUISE DONNELLY	FO	39:29	40:48	52:08	53:35	2:12:25
96.	184	ANN MCDONALD	FO60	45:31	50:40	44:31	45:18	2:15:20
97.	1172	GERALDINE MCCASKIE	FO60		45:36	45:18	49:05	2:19:59
98.	114	JOANNE DONNELLY	FO	47:54	46:01	46:08	49:01	2:20:03

99.	129	KELLIE SHERIDAN	FO	47:55	46:01	46:09	49:01	2:20:05
100.	201	OLIVIA SHEVLIN	FO40	56:43	55:42		28:05	2:20:30
101.	156	KATHLEEN MCELROY	FO50	48:35	50:42		47:15	2:26:32
102.	86	KATHLEEN GARTLAND	FO60	51:22	50:40	49:11	51:20	2:31:11
103.		SARAH JANE HARKNESS	FU12		48:46	50:44	51:55	2:31:25
104.	1290	CAITLIN MURPHY	FU12		48:50	50:44	51:56	2:31:30
105.	194	FIONA MCCAFFREY	FO	47:54		58:01	54:29	2:40:24
106.	217	CHRISTINA KELLY	FO60		1:01:57	58:02	54:30	2:54:29

GPPos	Numb	Name	Class	07-Jun	14-Jun	21-Jun	28-Jun	Best 3
Mal								
1.	221	MATTHEW NEILL	MO		15:44	15:22	15:32	46:38
2.	1151	BRIAN TAGGART	MO40	16:36	16:36	16:38		49:50
3.	3	ADRIAN SCULLION	MO	16:44	16:45	22:45	16:58	50:27
4.	1012	COLM MCGRATH	MO	16:51	17:07	16:53		50:51
5.	224	OISIN MCGUIGAN	MU18		16:31	17:37	17:07	51:15
6.	11	ANDY BATES	MO	18:04	17:41	17:51		53:36
7.	38	STEVIE MCKENNA	MO40	18:00	20:29		17:59	56:28
8.	1141	DARRYL MEENAGH	MO40	18:53	18:59	19:00		56:52
9.	164	DAMIAN OHAGAN	MO	19:26	19:05	18:41	19:08	56:54
10.	1128	SHANE MCGLONE	MO	19:04	19:13	20:31	18:41	56:58
11.	113	RYAN BROGAN	MO	19:13	18:49		19:25	57:27
12.	1232	NIGEL GRIER	MO50		19:26	19:06	19:06	57:38
13.	135	PAUL ACHESON	MO40	19:43	19:20	18:55		57:58
14.	131	GARETH SHORTT	MO	20:34	19:52	19:05	19:02	57:59
15.	109	STEPHEN MCCAFFREY	MO	19:30		19:30	19:35	58:35
16.	225	CATHAL CONLIN	MO40	19:41	19:38	19:28	19:36	58:42
17.	1057	BRIAN BRADLEY	MO50	19:45	19:20	19:39	21:04	58:44
18.	85	TOMMY GARTLAND	MO60	20:01	19:58	19:45	19:53	59:36
19.	218	GARETH LEWTHWAITE	MO		20:00	19:43	19:54	59:37
20.	175	ALAN MCKEOWN	MO40	19:54	19:52	20:08	20:16	59:54
21.	22	BRIAN MCILDUFF	MO40	20:15	20:49	19:51	20:02	1:00:08
22.	102	JOHN MCSHARRY	MO	20:28	20:01		19:53	1:00:22
23.	137	SHANE MCGALE	MO40	20:25		19:55	20:13	1:00:33
24.	130	MICHAEL STEENSON	MO50	20:25	20:15	19:55	20:32	1:00:35
25.	1228	CIARAN MCCARROLL	MU18		20:13	19:57	20:26	1:00:36
26.	275	JOKEY MCSORLEY	MO		20:55	19:59	19:59	1:00:53
27.	116	JASON FULLEN	MO	20:52	20:06	20:39	20:27	1:01:12
GPPos	Numb	Name	Class	07-Jun	14-Jun	21-Jun	28-Jun	Best 3
28.	228	MARK CORRIGAN	MO		20:29	20:35	20:21	1:01:25
29.	124	MARTIN MCGIRR	MO	21:14	20:30	20:41	20:50	1:02:01
30.	37	KIERAN SHARKEY	MO40	20:39	20:32		20:56	1:02:07
31.	39	MATTHEW MCKENNA	MU12	21:15	20:28		20:47	1:02:30
32.	151	DEAN MURRAY	MO40		20:40	20:48	21:08	1:02:36
33.	43	ENDA LYNCH	MU12	21:44	20:53	26:54	20:45	1:03:22
34.	24	BRIAN MCGLONE	MO40	22:13	21:09	21:10	21:21	1:03:40
35.	77	JOHN MCGRATH	MO50	21:24	21:18	21:09	21:25	1:03:51
36.	133	BOBBY COLLINS	MO60	21:45	21:42	21:28	21:18	1:04:28
37.	20	KEENAN ADAMS	MU12	23:29	21:16	22:20	20:53	1:04:29
38.	42	CILLIAN LYNCH	MU12	21:53	23:02	21:53	20:55	1:04:41
39.	63	FERGAL MCKENNA	MO	22:14	21:41	21:17		1:05:12
40.	1210	DAMIAN KELLY	MO40		22:13	21:43	21:32	1:05:28
41.	5	CHRIS KERR	MO	22:01	21:50	21:57	22:46	1:05:48

41.	9	CHRIS KERN	MO	22:01	21:50	21:57	22:40	1:05:46
42.	171	GARY MCNAMEE	MO	23:06	22:33	21:59	21:33	1:06:05
43.	31	MICHAEL BARNETT	MO40	22:26	35:53	22:14	21:49	1:06:29
44.	41	PLUNKETT DONNELLY	MO	22:56	22:21	22:12	22:28	1:07:01
45.	112	MIHAILS ATRUSKERICS	MO	23:13	22:19	22:22	22:50	1:07:31
46.	1326	SHANE SHERIDAN	MO		23:04	23:13	21:47	1:08:04
47.	107	DAMIEN MCKENNA	MO40	22:55	22:36	23:04	22:52	1:08:23
48.	1015	DERMOT MOXON	MO	23:08	22:50	22:28		1:08:26
49.	78	MIKE CULLINAN	MO	18:21	18:28	31:48		1:08:37
50.	21	BRIAN NEILL	MO40	23:32	23:13	22:51	22:43	1:08:47
51.	57	JAMES SCULLION	MU12	23:34	23:59	22:45	22:32	1:08:51
52.	162	SEAMUS ARKINSON	MO50	24:18		23:26	21:22	1:09:06
53.	104	DANIEL COYLE	MO50	23:32	23:16		22:43	1:09:31
54.	234	STEPHEN BEATTIE	MO		23:29	23:32	22:46	1:09:47
55.	203	GARBHAN MCCANN	MO	24:08		23:11	22:49	1:10:08
GPPos	Numb	Name	Class	07-Jun	14-Jun	21-Jun	28-Jun	Best 3
56.	14	CRIOSTOIR MACNIA	MO50	24:17	23:41	23:22	23:27	1:10:30
57.	1390	CATHAL MURRAY	MO40		24:08	23:34	23:02	1:10:44
58.	71	GARY MURPHY	MO40	24:27	24:02	23:38	23:13	1:10:53
59.	205	FERGAL WARD	MO40	24:16	23:35		23:21	1:11:12
60.	118	PAUL GALLAGHER	MO50	23:44	24:22	23:24	24:49	1:11:30
61.	136	JOHN MCGINN	MO50	24:06	24:37	23:58	23:31	1:11:35
62.	211	RUAIRI DONNELLY	MU12	24:38	23:12	24:40	23:56	1:11:46
63.	1001	DAVID O'BRIEN	MO50	24:12	24:39	24:15	23:59	1:12:26
64.	183	DECLAN KAVANAGH	MO40	24:32	24:18	24:14	24:11	1:12:43
65.	32	PAUL MCCARROLL	MO50	22:17	28:34	22:18		1:13:09
66.	84	DAVID GILL	MO40	26:28	24:57	24:12	24:31	1:13:40
67.	93	AIDAN MELLON	MU12	27:32		24:05	22:57	1:14:34
68.	48	HUGH MCALEER	MO50	25:24	24:57	24:36	25:20	1:14:53
69.	139	DAMIAN LOUGHRAN	MO	26:38	25:45	25:28	24:49	1:16:02
70.	253	KEVIN MCQUAID	MO	25:39		25:49	24:38	1:16:06
71.	229	CONOR KELLY	MO		26:22	26:04	24:09	1:16:35
72.	55	GREG MCMULLAN	MO50	25:52	25:51	25:49	24:56	1:16:36
73.	115	COLM FERRIS	MO	26:57	25:06	25:07		1:17:10
74.	61	KEVIN KEARNS	MO40	24:56	24:28	28:24	28:29	1:17:48
75.	52	GERRY KINSELLA	MO50	27:00	25:56	25:12		1:18:08
76.	1003	ASHTON BEATTIE	MU12	24:24	27:18	32:46	26:39	1:18:21
77.	13	MATTHEW BATES	MU12	26:26	27:07	26:52	25:26	1:18:44
78.	1170	CATHAL MCENHILL	MO50	24:56	24:28	29:45		1:19:09
79.	212	NIGEL MCCREADY	MO40	27:09	26:02	26:10	38:44	1:19:21
80.	88	STEVEN MCKENNA	MO		19:48	19:31	41:30	1:20:49
81.	1113	BRIAN MURPHY	MO40	26:42	28:36	27:11	27:29	1:21:22
82.	230	DECLAN SHELTON	MO50		27:39	27:07	27:09	1:21:55
83.	185	JUSTIN MALLON	MO	28:27	27:11	29:32	26:34	1:22:12
GPPos	Numb	Name	Class	07-Jun	14-Jun	21-Jun	28-Jun	Best 3
84.	7	ROGER MCALEER	MO50	28:56	28:06	27:59	28:10	1:24:15
85.	147	ADRIAN MCGAUGHEY	MO	30:21	41:44	29:37	28:27	1:28:25
86.	98	LOCHLAN SMITH	MU12	28:51	32:23	27:18	36:02	1:28:32
87.	67	PAUL FOX	MO	29:44	29:31	29:34	30:59	1:28:49
88.	160	JACK DANIELS	MO40	31:50	29:20		29:26	1:30:36
89.	207	MATTIE MCKENNA	MU12	31:05	30:50	53:08	28:53	1:30:48
90.	34	BEN GILROY	MU12	33:59	27:58	32:08	32:11	1:32:17
91.	75	CHRIS MURPHY	MU12	33:44		33:54	33:34	1:36:06

91.	75	OISIN KERLIN	MU18	33:14		30:51	32:01	1:36:06
92.	65	SHANE MCDERMOTT	MU18	33:23	32:48	31:23	32:02	1:36:13
93.	30	NIALL KAVANAGH	MU18	31:33		33:35	33:11	1:38:19
94.	70	FINNIAN ARMSTRONG	MU12	34:41	39:45	33:01	32:42	1:40:24
95.	69	CATHAL ARMSTRONG	MO	34:42	39:45	33:02	32:46	1:40:30
96.	44	DARA LYNCH	MU12	28:51	26:08		47:10	1:42:09
97.	226	MATT DEVLIN	MO50		34:50	34:29	34:17	1:43:36
98.	161	RICKY PANCOTT	MO	51:36	26:37	26:19	51:03	1:43:59
99.	165	PATRICK MOXON	MO40		27:31	27:24	53:56	1:48:51
100.	152	BRIAN KELLY	MO60	45:02	43:37	42:53	37:24	2:03:54
101.	1	MATTHEW MCCARROLL	MU12	44:59	49:32	42:52	40:47	2:08:38
102.	46	JOEY DONNELLY	MU12	39:29	40:47	49:44	53:27	2:10:00
103.	134	MALACHI MCCULLAGH	MO50	46:46	43:59	42:52	45:46	2:12:37
104.	1121	PAT MCGOWAN	MO40	45:56	43:35		43:34	2:13:05
105.	149	KILLIAN CONWELL	MU12	40:20	1:01:21		36:49	2:18:30
106.	193	MICHAEL MCCAFFREY	MU12	47:37		47:37	47:16	2:22:30
107.	233	ENDA MCKENNA	MO	56:43	55:42	40:10	56:05	2:31:57
108.	154	COLM MURRAY	MO	53:15	50:42		52:07	2:36:04