

3km Men

Displaying all 169 results

Pl.	Name	Club	Cat.	Subcat.	#	Result
1	Stephen MACKAY	Inverness Harriers	Mens 3k	MO	697	8:45
2	Zak HANNA		Mens 3k	MO	801	8:49
3	Craig MCMEECHAN	North Down AC	Mens 3k	MJa	736	8:52
4	Shane MCGOWAN	Derry Track Club	Mens 3k	MO	650	8:55
5	Gavin SMITH	Cambuslang Harriers	Mens 3k	MJa	641	8:56
6	Eoin MCCANN	St Malachy's AC	Mens 3k	MJa	760	8:57
7	Stephen O'GORMAN	Dromore AC	Mens 3k	MO	664	8:59
8	Sean CORRY	Omagh Harriers	Mens 3k	MJa	741	8:59
9	Keith SHIELS	Foyle Valley AC	Mens 3k	M40	675	9:00
10	Jamie BURNS	Shettleston Harriers	Mens 3k	MJb	751	9:00
10	Jonathan WHAN	City of Lisburn AC	Mens 3k	MO	646	9:00
12	Patrick MCNIFF	Banbridge AC	Mens 3k	MJa	617	9:03
13	Alex BOYD	Lagan Valley AC	Mens 3k	MJb	700	9:10
14	Luke DINSMORE	Springwell Running Club	Mens 3k	MO	757	9:13
15	Lewis RAEBURN	Shettleston Harriers	Mens 3k	MJa	752	9:14
16	Jack O FARRELL	St. Colmans College	Mens 3k	MJa	768	9:16
17	Cormac O'ROURKE	Lagan Valley AC	Mens 3k	MJb	705	9:17
18	Matthew JOHNSTON	Letterkenny AC	Mens 3k	MO	151	9:18
19	Lachlinn CONNOLLY	Armagh AC	Mens 3k	MO	803	9:20
20	David GORMLEY	Derry Track Club	Mens 3k	MO	649	9:21
21	Eric MOLLET	FSGT	Mens 3k	M45	678	9:22
22	Connor MCCANN	North Belfast Harriers	Mens 3k	MO	725	9:23
23	Conall BROWNE	St Malachy's AC	Mens 3k	MJa	762	9:24
24	Peter CARTY	Lagan Valley AC	Mens 3k	MJb	701	9:25
25	Conall MCCLEAN	St Malachy's AC	Mens 3k	MJb	764	9:27
26	Adam FERRIS	St Malachy's AC	Mens 3k	MJb	759	9:27
27	Gary HENDERSON	Armagh AC	Mens 3k	M45	608	9:27
28	Noel MURPHY	Waterford AC	Mens 3k	MO	780	9:28
29	David SAMASSA	FSGT 93	Mens 3k	MO	684	9:29
30	Oran GARTLAND	Foyle Valley AC	Mens 3k	MJb	674	9:29
31	William RIGG	British Orienteering	Mens 3k	MO	640	9:31
32	Shane BRADY	Clones A.C.	Mens 3k	MO	648	9:32
33	Eoin HUGHES	Letterkenny AC	Mens 3k	MJa	707	9:32
34	Gregory ROBERT	FSGT	Mens 3k	M40	679	9:33
35	Calum MORRIS	City of Lisburn AC	Mens 3k	MJa	644	9:34
36	Francis MARSH	North Down AC	Mens 3k	M50	735	9:35
37	Richard CONN	Dub Runners of Belfast	Mens 3k	MO	665	9:35
38	Kealan DALY	Armagh AC	Mens 3k	MO	806	9:37
39	Iain O' BYRNE	Waterford AC	Mens 3k	MO	781	9:38
40	Dennis SCOTT	North Down AC	Mens 3k	MO	738	9:38
41	Jake HARBINSON	City of Lisburn AC	Mens 3k	MJa	643	9:38
42	Adam COOKE	Omagh Harriers	Mens 3k	MO	740	9:39
43	Thomas PATTERSON	North Down AC	Mens 3k	MJb	739	9:39
44	Oliver COOK	PACE Running Club	Mens 3k	MO	748	9:41
45	Conor O'RAWE	North Belfast Harriers	Mens 3k	MJa	728	9:42
46	Nicolas DELATTRE	FSGT 93	Mens 3k	MO	680	9:42
47	John WHELAN	Shercock AC	Mens 3k	MO	802	9:42
48	Jamie MCMEECHAN	North Down AC	Mens 3k	MO	737	9:43

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49	Ethan DUNN	Ballydrain Harriers	Mens 3k	MJa	324	9:44
50	Cathaoir PURVIS	North Belfast Harriers	Mens 3k	MJa	729	9:45
51	Kian BITTLES	Beechmount Harriers	Mens 3k	MJa	618	9:45
52	Matthew WILLIS	City of Lisburn AC	Mens 3k	MJb	647	9:46
53	Owen MCGINNITY	Beechmount Harriers	Mens 3k	MJa	628	9:48
54	Nigel MCKIBBIN	Dromore AC	Mens 3k	M45	663	9:50
55	Darren HAMILTON	North Down AC	Mens 3k	M40	733	9:53
56	Mark MALONE		Mens 3k	MO	792	9:55
57	Danny FAGAN	Armagh AC	Mens 3k	MO	606	9:55
58	Raymond CAROLAN		Mens 3k	M40	786	9:55
59	Ciaran DENVIR	East Down AC	Mens 3k	MO	669	9:56
60	Mark MCKENNA	Waterford AC	Mens 3k	MO	779	9:57
61	Ed KELLY	Dromore AC	Mens 3k	M40	660	9:58
62	Peter MURRAY	St Colmans College	Mens 3k	MJa	807	9:59
63	Darragh CROSSAN	Foyle Valley AC	Mens 3k	MO	673	9:59
64	Shane MCSHERRY	Armagh AC	Mens 3k	M40	610	10:00
65	Nick IRVINE	North Down AC	Mens 3k	MO	734	10:00
66	Kevin SCHENK	Forres Harriers	Mens 3k	MO	672	10:00
67	Kieron CONWAY	St Malachy's AC	Mens 3k	MJa	763	10:00
68	Matthew NEILL	Omagh Harriers	Mens 3k	MJb	743	10:01
69	Adam HILDITCH	Dromore AC	Mens 3k	MJa	658	10:01
70	Matt SMYTH		Mens 3k	MJb	796	10:02
71	Wesley MCDOWELL	Dromore AC	Mens 3k	MO	662	10:02
72	John EWING	North Down AC	Mens 3k	MJa	732	10:02
73	Brendan HEANEY	Armagh AC	Mens 3k	MO	607	10:03
74	Stephen GARLAND	Belfast Running Club	Mens 3k	MO	633	10:03
75	Conor GALLAGHER	Lifford Strabane AC	Mens 3k	MO	708	10:04
76	Ben MCMORRIS	Lagan Valley AC	Mens 3k	MJb	704	10:06
77	Pat FITZPATRICK	Dunleer AC	Mens 3k	M40	668	10:07
78	Fabrice SCOUBE	Belfast Running Club	Mens 3k	M40	635	10:07
79	Stephen ORR	Orangegrove AC	Mens 3k	M40	746	10:09
80	Glen RICHARDSON	Norfolk Orienteering Club	Mens 3k	MO	720	10:09
81	Andrew MCMURRAY	Invictus Triathlon	Mens 3k	MO	698	10:11
82	Chris DOWNEY	North Down AC	Mens 3k	MO	731	10:12
83	Declan MCCAFFREY	Beechmount Harriers	Mens 3k	MJb	627	10:13
84	Paul ELLIOTT	unattached	Mens 3k	M60	778	10:14
85	Michael MCGOWAN	Foyle Valley AC	Mens 3k	MO	677	10:16
86	Alan SHEEHY		Mens 3k	MO	795	10:16
87	Joshua COURTNEY	Ballymena & Antrim AC	Mens 3k	MJb	615	10:16
88	Paul LE BLANC	Newry A.C.	Mens 3k	M55	713	10:17
89	Aaron MCGLYNN	Finn Valley AC	Mens 3k	MJa	671	10:19
89	Simon DOYLE	Belfast Running Club	Mens 3k	M40	632	10:19
91	Oisin HUGHES	Blackrock AC	Mens 3k	MJa	638	10:20
92	Piaras MCSHANE	North Belfast Harriers	Mens 3k	MJa	726	10:20
93	Nathan MCBRIDE	Willowfield Harriers	Mens 3k	MJb	782	10:21
94	Michael BURTON	Lagan Valley Orienteers	Mens 3k	M55	706	10:22
95	Odhran CATNEY	Beechmount Harriers	Mens 3k	MJa	619	10:23
96	John DONOHOE	Annalee AC	Mens 3k	MO	604	10:23
97	Ethan GLENN	North Belfast Harriers	Mens 3k	MJb	722	10:23
98	Fionntan CAMPBELL	St Malachy's AC	Mens 3k	MJb	770	10:24
99	James Jack GRACEY	Beechmount Harriers	Mens 3k	MJb	623	10:25
100	Donnacha HUGHES	Blackrock AC	Mens 3k	MJb	637	10:27
101	John MCCAFFREY		Mens 3k	MO	793	10:28

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102	Conor TONER	St. Patricks's Grammar S	Mens 3k	MJb	775	10:29
103	Andrew MC KENNA	Monaghan Phoenix	Mens 3k	MJb	710	10:30
104	Ruari GALLAGHER	St Malachy's AC	Mens 3k	MJb	771	10:31
105	Evan EVANS	Dromore AC	Mens 3k	MO	657	10:31
106	Sean MURPHY	St Peter's AC Lurgan	Mens 3k	MO	766	10:33
107	Jack MCKIBBIN	Dromore AC	Mens 3k	MO	655	10:34
108	Colin DOHERTY	City of Lisburn AC	Mens 3k	MO	645	10:35
109	Michael MAGEE	Beechmount Harriers	Mens 3k	M45	626	10:37
110	Jordan JOHNSTON	Armagh AC	Mens 3k	MJb	609	10:39
111	Peter LINDEN	Newry City Runners	Mens 3k	M40	715	10:39
112	Brendan MCCAMBRIDG	North Belfast Harriers	Mens 3k	MJb	724	10:40
113	Niall ARMSTRONG	North Belfast Harriers	Mens 3k	MO	721	10:41
114	Lorcan VALLELY	Armagh AC	Mens 3k	MO	613	10:45
115	Sean MCSHANE	North Belfast Harriers	Mens 3k	M40	727	10:46
116	Conall MCGRATH	St. Patricks's Grammar S	Mens 3k	MJb	774	10:49
117	Conor MCILVEEN	Derry Track Club	Mens 3k	MO	651	10:49
118	Philip MCCLENAHAN	Portadown Boat Club	Mens 3k	MJb	750	10:51
119	Jack MURPHY	Glaslough Harriers	Mens 3k	MJb	694	10:51
120	Mark CARROLL	Dunleer AC	Mens 3k	MO	667	10:52
121	Patrick MCCANN		Mens 3k	MO	798	10:52
122	Mounir KARDACHE	FSGT 93	Mens 3k	M55	682	10:52
123	Philip BAILLIE	North Down AC	Mens 3k	MO	719	10:55
124	Eamon SHERIDAN	North Belfast Harriers	Mens 3k	MO	730	10:57
125	Diarmuid DUFFY	Beechmount Harriers	Mens 3k	MJb	621	11:00
126	Callum MCCABE	Lagan Valley AC	Mens 3k	MJb	702	11:02
127	Paul Antoin HAGAN	St. Patricks's Grammar S	Mens 3k	MJb	773	11:04
128	Matthew CLAYTON	Lagan Valley AC	Mens 3k	MJb	699	11:05
129	Liam MC KENNA	Glaslough Harriers	Mens 3k	MJb	686	11:07
130	Olivier DUDOUIT	FSGT 93	Mens 3k	M50	681	11:07
131	Fionn MCQUILLAN	St Malachy's AC	Mens 3k	MJb	772	11:07
132	Darren BURKE	An Rlocht AC	Mens 3k	MO	603	11:08
133	Nicholas WALLACE	Belfast Running Club	Mens 3k	MO	636	11:16
134	Eoin MCKENNA	Glaslough Harriers	Mens 3k	MJb	690	11:17
135	Gareth GRAHAM		Mens 3k	MO	789	11:21
136	Gerard MCALEENAN	Newry City Runners	Mens 3k	M40	716	11:24
137	Jonathan BROWN	Orchard County AC	Mens 3k	MJb	747	11:30
138	Andrew JOHNSTON	Dromore AC	Mens 3k	M45	659	11:33
139	Dermot MEEHAN	Glaslough Harriers	Mens 3k	MO	693	11:35
140	Emmet MAGUIRE	St Malachy's AC	Mens 3k	MJb	769	11:36
141	Kieran TOMS		Mens 3k	MO	797	11:36
142	Aodan SHORT	Beechmount Harriers	Mens 3k	MJb	630	11:40
143	Pat ROCKS	Newry City Runners	Mens 3k	M60	718	11:41
144	Fiontan MONAGHAN M	Beechmount Harriers	Mens 3k	MJb	629	11:44
145	Caolan HENDRON	Maghery GAC	Mens 3k	MO	709	11:51
146	James MCCRACKEN	Dromore AC	Mens 3k	M50	661	11:54
147	James MCCAUGHEY	North Down AC	Mens 3k	MJb	712	11:56
148	Brian REILLY	Larragh AC	Mens 3k	M55	805	11:56
149	Michael KELLY		Mens 3k	M40	791	11:57
150	Donal MCARDLE	Glaslough Harriers	Mens 3k	M45	688	12:00
151	Barry LOUGHRAN	Acorns AC	Mens 3k	M45	602	12:02
152	John Joe NUGENT	Armagh AC	Mens 3k	MJb	612	12:17
153	Malik RACHIDI	FSGT 93	Mens 3k	M60	683	12:20
154	Lawerence MALONE	Slieve Gullion Harriers	Mens 3k	M55	753	12:26

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155	James CLARKE	Armagh AC	Mens 3k	MJb	605	12:35
156	Kevin MCKEOWN	Lagan Valley AC	Mens 3k	MJb	703	12:37
157	Craig CLARK	Trevor Benjamin RC	Mens 3k	MO	777	12:40
158	Matthew BYRNE		Mens 3k	MO	784	12:42
159	Patsy FITZSIMONS	South o Hanlon AC	Mens 3k	M65	754	12:45
160	Jonathan PORTER	Belfast Running Club	Mens 3k	MO	634	12:52
161	Lorcan MCCLEAN	St Malachy's AC	Mens 3k	MO	765	13:03
162	Benjamin MCCLENAHAN	Portadown Boat Club	Mens 3k	MJa	749	13:17
163	Michael SMITH	Larragh AC	Mens 3k	M65	804	13:18
164	Oisín CLENDENNING		Mens 3k	MJb	787	13:49
165	Gerard MALAGOLI	France	Mens 3k	M60	812	15:05
166	Ian Pat CARROLL	Dunleer AC	Mens 3k	M55	666	15:09
167	Christopher MCGUIRK	Glaslough Harriers	Mens 3k	MO	689	16:00
168	Jean-Marie PIWON	France	Mens 3k	M70	813	17:45
169	Michael HEGARTY	South o Hanlon AC	Mens 3k	M75	755	17:59