

**Armagh International - 18th February 2016**  
**Women's 3k**

Place	Bib No	Name	Club/Team	Country	Category	Finish Time
1	338	Sara Tracey	Ireland	Ireland	FO	9:18.20
2	232	Sarah Inglis	Scotland	Scotland	FO	9:19.01
3	231	Laura Whittle	Scotland	Scotland	FO	9:19.27
4	285	Rosie Clarke	Epsom & Ewell Harriers		FO	9:21.83
5	284	Eilish McColgan	Dundee Hawkhill		FO	9:22.58
6	218	Ann-Marie McGlynn	Letterkenny AC	Northern Ireland	FV35	9:23.64
7	254	Katrina Wootton	Coventry Godiva AC		FO	9:24.24
8	282	Kerry O'Flaherty	Northern Ireland	Northern Ireland	FO	9:24.59
9	214	Gemma Hillier-Moses	Charnwood AC	England Athletics	FO	9:25.11
10	243	Charlene Thomas	Wakefield and District AC		FO	9:25.14
11	298	Claire Duck	England Athletics	England Athletics	FO	9:26.19
12	299	Pippa Woolven	United Kingdom		FO	9:28.89
13	241	Fionnuala Ross	Armagh AC	Northern Ireland	FO	9:29.76
14	233	Stephie Pennycook	Scotland	Scotland	FO	9:29.76
15	230	Beth Potter	Scotland	Scotland	FO	9:30.39
16	321	Deirdre Byrne	Sli Cualann	Ireland	FO	9:38.68
17	297	Kate Hulls	England Athletics	England Athletics	FO	9:39.48
18	275	Urszula Necka	Poland	Poland	FO	9:41.72
19	300	Justina Heslop	Elswick Harriers		FV35	9:43.11
20	342	Sinead Haughy	Zap Fitness		FO	9:45.45
21	216	Rachel Burns	Liverpool Harriers		FV35	9:46.99
22	215	Sophie Whiteside	Liverpool Harriers		FO	9:50.22
23	203	Aleksandra Chalubek	Poland	Poland	FO	9:50.36
24	271	Alaw Beynon-Thomas	Wales	Wales	FO	9:50.62
25	202	Jenny Bannerman	Inverness Harriers		FO	9:52.77
26	329	Mary Ann O'Sullivan	St Abbans AC	Ireland	FO	9:55.55
27	244	Laura Dunn	Edinburgh AC		FO	9:57.58
28	207	Sophie Cowper	Lincoln Wellington AC		FO	9:58.88
29	212	Ashley Scott-Wilson	Highgate Harriers		FO	9:59.34
30	210	Hannah Viner	Highgate Harriers		FO	10:00.59
31	276	Mariola Slusarczyk	Poland	Poland	FO	10:00.62
32	335	Rachael Smyth	Ireland	Ireland	FO	10:03.41
33	267	Clara Evans	Wales	Wales	FO	10:03.99
34	260	Jessica Craig	North Down A.C.		FO	10:05.52
35	220	Hannah Brown	University of Manchester		FO	10:08.53
36	322	Louise Mercer	United Kingdom		FO	10:11.53
37	268	Emily Kearney	Wales	Wales	FO	10:13.02
38	302	Rachel Gibson	North Down A.C.		FO	10:18.34
39	235	Aria Schouten	Belgium		FO	10:19.33
40	250	Rebecca Henderson	Dromore AC		FO	10:20.39
41	246	Charlotte Ward	British Orienteering		FO	10:20.84
42	277	Amelia Czerwinksa	Poland	Poland	FO	10:22.33
43	312	Denise Toner	Clones A.C.	Ireland	FV35	10:24.07
44	245	Amanda Woodrow	Edinburgh AC		FO	10:24.62
45	257	Leila Armoush	United Kingdom		FO	10:25.59
46	311	Judith Lonnen	City of Lisburn AC		FV35	10:31.28
47	255	Maeve Lavery			FO	10:31.82
48	225	Anne Kenchington	University of Manchester		FO	10:34.98
49	217	Elsie Butler	Charnwood AC		FO	10:35.07
50	256	Esther Dickson			FO	10:41.95
51	205	Danielle Booth	Derby AC		FO	10:45.81
52	259	Niamh Heaney	Omagh Harriers		Junior B	10:51.36
53	339	Edel Monaghan	Enniskillen Track Club		Junior A	10:53.09
54	223	Clara Horswell	Shettleston Harriers		FO	11:00.02
55	228	Emma Dunnett	Shettleston Harriers		FO	11:01.18
56	325	Gerrie Short	Beechmount Harriers		FV40	11:01.50
57	286	Daire McCartan	Beechmount Harriers		Junior A	11:05.59

58	326	Catherine Diver	Beechmount Harriers		FV35	11:09.39
59	247	Emer Magee	Lagan Valley		FO	11:12.77
60	274	Amelie Faure	Selection FSGT 93		FO	11:13.19
61	224	Charlene McCallum	Shettleston Harriers		FO	11:14.41
62	204	Hollie Smith	Charnwood AC		FO	11:20.57
63	309	Emma Laverty	Lagan Valley		FO	11:27.33
64	278	Donna Evans	Finn Valley AC		FV45	11:30.99
65	263	Kate Mulholland	St Peter's AC		Junior A	11:31.81
66	320	Geraldine Quigley	Ballymena Runners		FV40	11:32.89
67	313	Ciara Coyle	Carmen Runners		FO	11:35.74
68	324	Nia McNally	North Down A.C.		Junior B	11:36.85
69	281	Kandé Fofana	Selection FSGT 93		FO	11:37.37
70	289	Davica Patterson	Beechmount Harriers		Junior B	11:38.75
71	206	Eimear McCracken	Newry City Runners		FO	11:40.81
72	222	Carole Setchell	Shettleston Harriers		FO	11:43.24
73	226	Sarahjane Beattie	Athletics East Australia		FO	11:44.10
74	253	Geraldine Branagh	North Belfast Harriers		FV50	11:44.20
75	219	Kathryn Rafferty	Armagh AC		FO	11:46.40
76	337	Harriet Dougan	Lagan Valley		FO	11:49.10
77	240	Heather McLarnon	City of Lisburn AC		FO	11:50.59
78	310	Rachel Collins	Dromore AC		Junior B	11:56.43
79	287	Riognach Catney	Beechmount Harriers		Junior A	11:57.11
80	340	Emma Geary	Glaslough Harriers		Junior B	11:57.60
81	273	Gillian McCrory	St Peter's AC		FV35	12:00.17
82	293	Jessica Scott	North Down A.C.		Junior B	12:00.65
83	201	Patricia Brown	Newry City Runners		FV55	12:03.36
84	306	Aichata Konare	FSGT	FSGT France	FO	12:05.11
85	238	Kathleen Diver			FV35	12:06.60
86	290	Carol Brown	Beechmount Harriers		Junior B	12:09.88
87	280	Naïma Haret	Selection FSGT 93		FV45	12:11.16
88	279	Darcey Smyth	Lagan Valley		Junior B	12:12.70
89	261	Eileen Jack	Beechmount Harriers		FO	12:13.06
90	307	Madalina Tassart	FSGT	FSGT France	FO	12:18.57
91	336	Rachael Smyth	Lagan Valley		FO	12:19.51
92	301	Brenda Bannnon	Clones A.C.		FO	12:24.05
93	334	Caroline Wade			FV35	12:26.81
94	323	Aisling Carthy	Blackrock AC Co Louth		Junior A	12:28.89
95	292	Anna Scott	North Down A.C.		Junior B	12:29.37
96	304	Claude Peillon	FSGT	FSGT France	FV50	12:40.88
97	283	Susanna Allen	Ballymena Runners		FV50	12:43.08
98	270	Bérénice Caderon	Selection FSGT 93		FO	12:45.92
99	258	Joan Melanophy	St Peter's AC		FV40	12:49.91
100	331	Amy Johnston	St Catherine's collage Armagh		Junior B	12:54.11
101	314	Charlotte Connolly	Glaslough Harriers		FV35	12:55.28
102	251	Deirdre Haigney			FV40	12:59.38
103	291	Fiona Melon	Beechmount Harriers		Junior B	13:09.81
104	294	Dominique McAllister	North Belfast Harriers		Junior B	13:13.54
105	209	Roisin Rocks	Newry City Runners		FO	13:26.49
106	242	Eileen Dillon	Belfast Running Club		FV45	13:30.32
107	327	Katherine McGinnity	Belfast Running Club		FO	13:33.18
108	248	Ciara Murtagh	Lagan Valley		Junior B	13:44.21
109	332	Chloe Johnston	Slieve Gullion Runners		Junior A	13:47.60
110	269	Joanne McCauley	St Peter's AC		FV40	13:53.04
111	305	Pauline Gomez	FSGT	FSGT France	FV35	13:54.03