

Boom 10K Coleraine 19 September 2015.

Place	Time	Name	Team	Category	Per km	Entry No
1	0:34:55	MCKEE, Jonathan	Springwell RC	MO	03:29.5	480
2	0:35:04	WILLIAMS, Langdon	South West Road Runners	M45	03:30.4	496
3	0:36:04	O'NEILL, Kieran	Springwell RC	M35	03:36.4	484
4	0:37:38	NICHOLSON, John	PACE RC	M35	03:45.8	488
5	0:37:51	NICHOLSON, Stephen	PACE RC	MO	03:47.1	482
6	0:37:53	MCALARY, Steven	Unattached	MO	03:47.3	499
7	0:38:19	FILLIS, Stephen	Springwell RC	MO	03:49.9	502
8	0:38:21	GIBSON, Rachel	North Down	FO	03:50.1	473
9	0:38:30	APPERLEY, Colin	Fit and Running	MO	03:51.0	481
10	0:38:37	LOUGHERY, COLIN	Springwell RC	M45	03:51.7	516
11	0:38:41	MCCOURT, Cathy	North Belfast	F40	03:52.1	492
12	0:38:42	CORBETT, Dale	Springwell RC	MO	03:52.2	494
13	0:38:50	BALLANTINE, Aaron	Unattached	M45	03:53.0	460
14	0:39:26	SEXTON, Dave	Springwell RC	M55	03:56.6	478
15	0:40:16	TAYLOR, Alvin	Magherafelt Harriers	M55	04:01.6	493
16	0:40:21	MCGILL, Declan	Foyle Valley	M40	04:02.1	497
17	0:40:49	KNOX, Sonia	Springwell RC	F40	04:04.9	479
18	0:40:52	MCMULLAN, James	Springwell RC	M50	04:05.2	459
19	0:40:59	DOWEY, Andrew	Springwell RC	MO	04:05.9	465
20	0:41:03	DEMPSEY, Jonathan	Acorns AC	M45	04:06.3	514
21	0:41:39	CAHOON, Gregory	Magherafelt Harriers	M40	04:09.9	505
22	0:42:30	WARD, Denise	Foyle Valley	F35	04:15.0	501
23	0:42:34	SIMMS, Ronald	Unattached	M40	04:15.4	461
24	0:42:43	COYLE, Paul	Foyle Valley	M35	04:16.3	498
25	0:43:03	MCILMOYLE, Warren	Springwell RC	M35	04:18.3	470
26	0:43:06	CURRAN, Alex	Springwell RC	MO	04:18.6	466
27	0:43:09	GILLILAND, Deborah	Springwell RC	FO	04:18.9	472
28	0:43:14	ORR, Billy	Foyle Valley	M50	04:19.4	451
29	0:43:24	FALLOWS, David	Unattached	M50	04:20.4	487
30	0:43:44	BAKER, Richard	Springwell RC	M40	04:22.4	511
31	0:43:53	SURGENOR, Andrew	Unattached	MO	04:23.3	486
32	0:43:58	MARTIN, Paul	Magherafelt Harriers	M55	04:23.8	504
33	0:44:33	GEDDES, David		M40	04:27.3	476
34	0:44:41	MCCLINTOCK, Mark	Foyle Valley	M40	04:28.1	474
35	0:45:17	NICHOLSON, David	Ballymena Runners	M65	04:31.7	632
36	0:45:35	POLAND, Roger	Springwell RC	M40	04:33.5	518
37	0:45:46	HUNT, Alwyn	Springwell RC	M45	04:34.6	519
38	0:45:57	MCILMOYLE, Kerrie	Springwell RC	F35	04:35.7	469
39	0:45:58	MCIVOR, Neil	Springwell RC	M35	04:35.8	520
40	0:46:02	CONLON-ELWOOD, Rebecca	Springwell RC	F35	04:36.2	517
41	0:46:18	LINTON, Samatha		FO	04:37.8	477
42	0:46:20	BOAL, Francis	Lagan Valley	M65	04:38.0	491
43	0:47:45	MCCLINTOCK, Trish	Foyle Valley	F40	04:46.5	475
44	0:47:48	NEILL, Barry	Sperrin Harriers	M50	04:46.8	503
45	0:48:41	WILSON, Andrew	Unattached	M50	04:52.1	507
46	0:48:54	HAMILTON, Cathy	PACE RC	F45	04:53.4	639
47	0:49:29	PLATT, Jim	Springwell RC	M65	04:56.9	454
48	0:49:50	CRAWFORD, Philip	Springwell RC	M35	04:59.0	508
49	0:49:53	MURTAGH, Cathy		F40	04:59.3	489
50	0:49:57	MULLAN, Lisa	Unattached	FO	04:59.7	456
51	0:50:09	MISCANDLON, Kelly	Unattached	F35	05:00.9	528
52	0:51:18	MILES, Steven	Unattached	M40	05:07.8	525
53	0:51:25	KELLY, Ally	Springwell RC	F35	05:08.5	529
54	0:51:59	GIBSON, Alison	Lisburn AC	F50	05:11.9	500
55	0:53:21	SMITH, Karen	Springwell RC	F50	05:20.1	463
56	0:53:28	KNOX, David	Unattached	M55	05:20.8	515

57	0:53:55 RANKIN, Michael	Springwell RC	M50	05:23.5	490
58	0:54:08 KYLE, Nigel		M35	05:24.8	483
59	0:54:29 CUNNINGHAM, Jackie	Unattached	F45	05:26.9	462
60	0:55:04 BALMER, Lorna	Unattached	M45	05:30.4	523
61	0:57:09 MCATEER, Majella		F40	05:42.9	468
62	0:57:33 WALKER, Fiona	Springwell RC	F35	05:45.3	455
63	0:58:19 WATTERSON, Noelle	Springwell RC	F40	05:49.9	464
64	0:59:00 CRAWFORD, CAROLYN	Springwell RC	FO	05:54.0	510
65	1:01:11 GARVIN, Karen	Unattached	F45	06:07.1	524
66	1:01:54 SIMMONS, Emma	Springwell RC	F35	06:11.4	458
67	1:02:16 DONAGHEY, Kathy	Springwell RC		06:13.6	506
68	1:02:50 BLEE, Jim	Springwell RC	M40	06:17.0	526
69	1:03:24 BLEE, Rachel	Unattached	F40	06:20.4	527
70	1:03:59 MCANENA, Liadhan	Springwell RC	F45	06:23.9	471
71	1:04:56 DRAIN, Bernie	Springwell RC	F50	06:29.6	599
72	1:05:40 BIRRELL, Emma	Springwell RC	F40	06:34.0	450
73	1:05:55 CRUTCHLEY, Jaclyn	Unattached	FO	06:35.5	513
74	1:05:56 GIBSON, Lindsay		F35	06:35.6	512
75	1:08:20 MARTIN, Valerie	Ballydrain	F40	06:50.0	495
76	1:10:06 CRAWFORD, Claire	Springwell RC	M35	07:00.6	509