

Carmen 10k - Co Tyrone - 7th March 2015

Place	BIB	Name	Club	Category	Finish Time	Ave/Pace
1	643	Martin Cox	Project Africa Athletics	MO	33:43	5:24/M
2	599	Gavin Corey	Sperrin Harriers	MO	35:08	5:37/M
3	577	Pierce McCullagh	Sperrin Harriers	MO	35:44	5:43/M
4	675	Delfim Pimentel		M40	35:48	5:44/M
5	580	Michael Kerr	Carmen Runners	MO	36:12	5:48/M
6	579	Dermot Kerr	Armagh AC	M50	37:26	5:59/M
7	638	Seanie Meyler	Omagh Harriers	M40	37:58	6:04/M
8	604	Martin Cox	North Belfast Harriers	M50	38:16	6:07/M
9	696	Denise Cush		M40	38:19	6:08/M
10	625	Martin McLaughlin	Omagh Harriers	M50	38:35	6:10/M
11	564	Connor Martin	Sperrin Harriers	MO	38:35	6:10/M
12	641	Pat McCrory	Omagh Harriers	M40	38:48	6:12/M
13	650	Pauline McGurran	Sperrin Harriers	FO	38:55	6:14/M
14	639	Patrick Given		MO	39:06	6:15/M
15	651	Shane McGale	Omagh Harriers	M40	39:18	6:17/M
16	594	Eamon Logue	Omagh Harriers	MO	39:37	6:20/M
17	660	Martin Loughran	Acorns AC	MO	40:03	6:24/M
18	656	Brian Johnston	Enniskillen	M40	40:04	6:25/M
19	518	Darryl Meenagh	Carmen Runners	MO	40:29	6:29/M
20	623	Ciaran Donaghy	Sperrin Harriers	MO	40:32	6:29/M
21	622	Natalie Hall	Sperrin Harriers	FO	40:46	6:31/M
22	627	Dominic McCartan		M50	41:10	6:35/M
23	610	Colly Gallagher	Sperrin Harriers	M40	41:24	6:37/M
24	606	Tommy Harraghy	Sperrin Harriers	M60	41:29	6:38/M
w	554	Dara Sweeney	Carmen Runners	M40	41:57	6:43/M
26	630	Denise Ward	Foyle Valley	FO	42:25	6:47/M
27	626	Eamonn Sheehan	Sperrin Harriers	MO	42:28	6:48/M
28	642	Finbar Kelly		M40	42:29	6:48/M
29	613	Fergal Corry		M40	42:42	6:50/M
30	614	John Conlon		MO	42:55	6:52/M
31	644	Patrick McGrath	Omagh Tri Club	MO	43:09	6:54/M
32	514	John Gillespie	Carmen Runners	MO	43:34	6:58/M
33	557	Ciaran McAnespie	Carmen Runners	M40	43:34	6:58/M
34	698	Colin McCartan	Omagh Tri Club	M40	43:41	6:59/M
35	629	Bosco McShane	Na Fianna	MO	43:54	7:01/M
36	550	Sean Travers	Carmen Runners	M40	43:56	7:02/M
37	527	Gerard Devlin	Coalisland fianna AC	M50	43:58	7:02/M
38	569	Ciara Coyle	Carmen Runners	FO	44:05	7:03/M
39	697	Enda Donnelly	Beragh	MO	44:16	7:05/M
40	562	Irene Clements	Enn	F50	44:18	7:05/M
41	692	Martin Donaghy	Sperrin Harriers	M50	44:23	7:06/M
42	676	Malcolm McCullough		MO	44:27	7:07/M
43	691	Neil McFlynn	Carmen Runners	MO	44:47	7:10/M
44	671	Patsy Hughes	Sperrin Harriers	M50	44:54	7:11/M
45	520	Ryan McElhatton	Brackaville Owen Roes	MO	45:08	7:13/M
46	536	Liam McIlvenna	Project Africa Athletics	MO	45:12	7:14/M
47	695	Darren Beattie	Carmen Runners	MO	45:15	7:14/M
48	648	Jerome Grimes	Carmen Runners	MO	45:16	7:15/M
49	611	Kevin Devlin	Sperrin Harriers	M40	45:17	7:15/M
50	659	Benny Ward	Loughmacrory GAC	MO	45:18	7:15/M

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51	503	Peter Mc Kenna	Glaslough Harriers	M40	45:21	7:15/M
52	605	Paul Doc Martin	Magherafelt Harriers	M50	45:22	7:16/M
53	694	Damien Quinn		MO	45:36	7:18/M
54	681	Aidy O Gara	Pomeroy Runners	MO	45:48	7:20/M
55	647	Michelle Sweeney		FO	45:49	7:20/M
56	567	Keith Hardy		M40	45:53	7:20/M
57	590	Conall Kerr	Carmen Runners	MO	45:53	7:20/M
58	635	Brian Corry	OTC	M40	45:56	7:21/M
59	670	Barry O Neill	Sperrin Harriers	M50	46:14	7:24/M
60	528	Declan Rafferty	pomeroy runners	M40	46:19	7:25/M
61	535	Oonagh Fitzpatrick	Enniskillen RC	F40	46:20	7:25/M
62	624	Roddy McIvor	Sperrin Harriers	M40	46:39	7:28/M
63	544	Paul Hughes		M40	46:55	7:30/M
64	688	Glen McKenna		M40	47:08	7:32/M
65	532	Maurice McPhillips	Carmen Runners	M40	47:25	7:35/M
66	654	Louise Hall	Carmen Runners	FO	47:37	7:37/M
67	607	Richard Hand	Dromore AC	M50	47:41	7:38/M
68	575	Lisa Coyle	Carmen Runners	FO	47:52	7:40/M
69	519	Cathal McKillion	Shin Splints RC	MO	48:22	7:44/M
70	687	John McElroy	Sperrin Harriers	MO	48:47	7:48/M
71	684	Olivia Mullin	Greencastle AC	FO	48:47	7:48/M
72	545	Stephanie Henry	Sperrin Harriers	FO	49:12	7:52/M
73	680	Ciaran McCaffrey		M40	49:16	7:53/M
74	612	Martin Kolbohn		M50	49:18	7:53/M
75	525	Ciarán Slane	Mighty Mick's Boxing Club, Philadelp	MO	49:25	7:54/M
76	563	Terry Hughes	Tir Chonaill	MO	49:36	7:56/M
77	589	Mairead McAleer	Carmen Runners	FO	49:38	7:56/M
78	652	Toirleach Gormley		M40	49:40	7:57/M
79	515	Aisling Gillespie	Carmen Runners	FO	49:43	7:57/M
80	645	Steise Fox	Carmen Runners	FO	49:46	7:58/M
81	686	Fergal O Donnell	Carmen Runners	MO	49:52	7:59/M
82	631	James Little	Acorns AC	M50	50:01	8:00/M
83	551	Aileen Hurson	Carmen Runners	FO	50:03	8:00/M
84	690	Anthony Carlin	Brothers RC	MO	50:22	8:04/M
85	689	Martin Coleman		M50	50:29	8:05/M
86	683	Aidan Quinn	POMEROY	M40	50:45	8:07/M
87	501	Kathy Mc Aleer	Carrickmore	FO	51:22	8:13/M
88	502	Claire Mc Killion		FO	51:50	8:18/M
89	674	Denise McCann	Galbally	FO	51:51	8:18/M
90	662	Eoin Hughes		MO	51:53	8:18/M
91	548	Aisling McCallan	Carmen Runners	F40	51:57	8:19/M
92	609	Kirk McCourt		MO	52:00	8:19/M
93	621	Sean Hamill	Sperrin Harriers	M40	52:03	8:20/M
94	632	Kerry Black	Sperrin Harriers	FO	52:05	8:20/M
95	571	Tanya Beacom		FO	52:11	8:21/M
96	597	John Corey		M50	52:26	8:23/M
97	509	Carol Dooher		FO	52:34	8:25/M
98	508	Anne Daly		FO	52:34	8:25/M
99	516	Patsy Begley	Mighty Micks Boxing Gym Philadelph	MO	52:50	8:27/M
100	616	Maria McCarter		F50	53:08	8:30/M

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101	653	Gemma Begley	Carmen	FO	53:29	8:33/M
102	646	Tara Lea McElduff	Carmen	FO	53:31	8:34/M
103	636	Leona Carson	R Running Club	FO	53:33	8:34/M
104	658	Geraldine Campbell	Monaghan Town Runners	F40	53:33	8:34/M
105	547	Julie-Anne Grimes	Carmen Runners	F40	53:40	8:35/M
106	574	Fiona McIlvar		FO	54:01	8:39/M
107	540	Kieran Hurson	Omagh Tri Club	M50	54:06	8:39/M
108	521	Michael Molloy	pomeroy runners	M50	54:24	8:42/M
109	633	Fiona Devlin	Sperrin Harriers	FO	54:25	8:42/M
110	649	Catriona Gillen	Carmen Runners	FO	54:40	8:45/M
111	538	James Dobbs		MO	54:42	8:45/M
112	640	Cathy Haughey	Carmen Runners	FO	54:50	8:46/M
113	634	Nuala Donnelly	Galbally	FO	55:04	8:49/M
114	677	Aidan Kelly		MO	55:10	8:50/M
115	665	Anne Gallagher	Loughmacrory	F50	55:23	8:52/M
116	663	Seannas MacGiollacheara		MO	55:34	8:53/M
117	524	Jonathan Mc Shane		M40	55:39	8:54/M
118	588	Olivia Coyle	Carmen Runners	FO	55:40	8:54/M
119	561	Noelle Toner	Omagh Tri Club	FO	55:41	8:55/M
120	666	Siobhan McNally	Kildress	FO	55:46	8:55/M
121	566	Dermot Mitchell		MO	55:51	8:56/M
122	672	Helina McMullan	Galbally	FO	55:53	8:56/M
123	619	Louise McCullagh		FO	56:00	8:58/M
124	664	Kieran Coyle		MO	56:05	8:58/M
125	608	Kevin Gormley		MO	56:06	8:59/M
126	628	Eilis Donnelly	Carmen Runners	FO	56:15	9:00/M
127	602	Nicola Gormley	Carmen Runners	F40	56:16	9:00/M
128	669	Paddy Mallon	Canal Running Club	M50	56:22	9:01/M
129	522	Martina Molloy	pomeroy runners	F40	56:44	9:05/M
130	505	Pamela McNally		FO	56:52	9:06/M
131	591	Maureen Eccles	Carmen Runners	F40	57:09	9:09/M
132	572	Nigel McDonagh		MO	57:13	9:09/M
133	573	Kerry-Anne McAlynn		F40	57:22	9:11/M
134	593	Kate McAleer		F40	57:24	9:11/M
135	620	Fiona Quinn		F40	57:49	9:15/M
136	546	Rose Corr	POMEROY	F50	58:03	9:17/M
137	693	Alan Rodgers		M40	58:36	9:23/M
138	537	Alison Colgan	Sperrin Harriers	FO	58:37	9:23/M
139	534	Fiona McCullagh		FO	58:43	9:24/M
140	673	Carmel McElvogue	Galbally	FO	58:55	9:26/M
141	667	Moira Quinn	Loughmacrory	F40	59:18	9:29/M
142	506	Ramona Hegarty		FO	59:22	9:30/M
143	511	Caitlin McCrory	Carmen	FO	59:37	9:32/M
144	565	Roisin Martin	Sperrin Harriers	F50	1:00:16	9:39/M
145	598	Mairead McDermott	Carmen Runners	FO	1:00:20	9:39/M
146	512	Ronan Coyle	Carmen Runners	MO	1:00:28	9:40/M
147	504	Liz Harte	Carmen Runners	FO	1:00:31	9:41/M
148	530	Ciara McElhone	Carmen Runners	FO	1:00:34	9:41/M
149	552	Marian Canavan	Carmen Runners	F40	1:00:38	9:42/M
150	523	Deirdra Gormley	Carmen Runners	F40	1:00:51	9:44/M

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151	595	Frances CW	Sperrin Harriers	F50	1:01:13	9:48/M
152	507	Orlagh McElhone		FO	1:01:24	9:49/M
153	568	Siobhan McDaid	Carmen Runners	F40	1:01:43	9:52/M
154	513	Ryan Woodward	pomeroy runners	M40	1:02:05	9:56/M
155	657	Gerard McCourt	Monaghan Town Runners	MO	1:02:27	10:00/M
156	678	Caoimhe Martin		F40	1:02:41	10:02/M
157	685	Desmon Brownlie	Lagan Valley	M60	1:02:54	10:04/M
158	510	Bronagh Hurson	Carmen Runners	FO	1:03:26	10:09/M
159	637	Sean Munnon	R Running Club	MO	1:03:56	10:14/M
160	555	Mairead Mc Cann		F50	1:04:08	10:16/M
161	617	Maeve McCullagh		F50	1:04:08	10:16/M
162	539	Emma McPhillips	Carmen Runners	FO	1:04:21	10:18/M
163	576	Bronagh McKenna	Sperrin Harriers	FO	1:04:30	10:19/M
164	570	Stephen McWilliams	Sperrin Harriers	M40	1:04:35	10:20/M
165	529	Sinead McAleer		FO	1:04:44	10:21/M
166	541	Laura O'Hanlon	Carmen Runners	FO	1:04:56	10:23/M
167	618	Pauline corr	Galbally	FO	1:05:18	10:27/M
168	560	Sharon McAleer		FO	1:07:33	10:48/M
169	603	Michaelene Hughes		FO	1:08:45	11:00/M
170	559	Eilis Blee		FO	1:09:14	11:05/M
171	668	Elaine Mallaghan	pomeroy runners	FO	1:09:33	11:08/M
172	601	Danielle McCrory	Sperrin Harriers	FO	1:09:54	11:11/M
173	600	Helen Gormley	Carmen Runners	F40	1:10:03	11:12/M
174	655	Rebecca Wilson	Carmen Runners	FO	1:10:35	11:18/M