

Laganaside 10K 2010 5th Sept

Pos	Bib	Firstname	LastName	Category	Club	Halfway	Finish	Chiptime
1	684	Brian	Campbell	MO	Willowfield TH	00:16:21	00:32:02	00:32:01
2	359	Eamonn	White	M40	North Belfast Harriers	00:16:23	00:32:24	00:32:25
3	574	Conor	Flannigan	MO	North Belfast Harriers	00:16:23	00:32:39	00:32:38
4	413	Thomas	Hughes	M50	North Belfast Harriers	00:16:24	00:32:44	00:32:43
5	1	Simon	Taylor	MO	Abbey AC	00:16:22	00:32:45	00:32:44
6	738	Paul	Rowan	M40	willowfield	00:16:23	00:32:47	00:32:47
7	402	Mccullough	Alan	M45	Willowfield Harriers	00:16:22	00:32:56	00:32:55
8	423	Niall	Robinson	MJ	North Down AC	00:16:31	00:33:15	00:33:14
9	316	Stephen	Mcgrory	M40	Annadale Striders	00:16:25	00:33:21	00:33:19
10	577	Stephen	Rooney	MJ	St. Malachy's AC	00:16:24	00:33:22	00:33:21
11	115	Francis	Marsh	M40	North Down AC	00:16:58	00:33:36	00:33:35
12	320	Matt	Wray	M45	bmena & antrim	00:16:59	00:34:00	00:33:58
13	480	Ryan	Holt	MJ	Willowfield Harriers	00:17:07	00:34:03	00:34:02
14	609	Nicolas	Rooke	MO		00:17:25	00:34:25	00:34:22
15	654	Matthew	Wilson	MO	Willowfield Harriers	00:17:16	00:34:30	00:34:29
16	465	Brian	Mckee	M45	Dromore AC	00:17:17	00:34:34	00:34:32
17	572	Dermot	Kerr	M50	Armagh AC	00:17:01	00:35:02	00:35:00
18	266	Noel	Mcnally	MO		00:17:56	00:35:39	00:35:35
19	712	Andrew	Hicks	MO		00:17:55	00:35:40	00:35:38
20	717	James	Budde	MO		00:17:38	00:35:40	00:35:38
21	575	Andrew	Lee	MO	Willowfield Harriers	00:17:37	00:35:47	00:35:45
22	434	Nigel	Mckibbin	M40	Dromore AC	00:17:56	00:35:50	00:35:48
23	573	Stephen	Williamson	M40	Armagh AC	00:17:37	00:36:02	00:36:00
24	267	Damien	Grant	M40	Beechmount Harriers	00:18:08	00:36:20	00:36:16
25	610	Brian	Barron	MO	Willowfield Harriers	00:17:48	00:36:21	00:36:19
26	736	Stephen	Joyce	M35		00:18:19	00:36:36	00:36:24
27	343	Gladys	Ganiel O'Neil	FO	Abbey A C	00:18:15	00:36:54	14:36:46
28	239	Duncan	Bell	M40	willowfield t harriers	00:18:51	00:37:03	00:36:59
29	721	Paul	Heron	MO		00:18:56	00:37:33	00:37:30
30	756	Johnny	Gregg	M40		00:18:25	00:37:34	00:37:32
31	403	Kevin	Oboyle	MO	Ballymena Runners AC	00:18:52	00:37:36	00:37:33
32	448	Rory	Loughran	M35	canal court runners	00:18:51	00:37:36	00:37:33
33	424	Michael	Magee	M40		00:18:52	00:37:39	00:37:36
34	653	Eamon	Hill	M45		00:18:57	00:37:53	00:37:51
35	442	Richard	Coey	M35		00:19:07	00:37:58	00:37:44
36	731	Chris	Truesdale	MO		00:18:55	00:37:59	00:37:56
37	263	John	Mccambridge	M40	St Peters	00:19:16	00:38:07	00:38:04
38	495	Michel	Le Velly	M45	Annadale Striders	00:18:46	00:38:08	00:38:06
39	619	Peter	Cunningham	MO	Beechmount AC	00:19:15	00:38:10	00:38:07
40	224	Darren	Mckee	MO	North Down AC	00:19:07	00:38:11	00:38:08
41	720	Brian	Heron	M35		00:18:55	00:38:13	00:38:10
42	297	Laurence	Johnston	M50		00:19:08	00:38:17	00:38:14
43	416	Gerard	Mcnamara	M35		00:19:23	00:38:19	00:38:16
44	675	Neill	Weir	MO		00:19:19	00:38:24	00:38:19
45	335	Terry	Eakin	M60	North Down AC	00:19:22	00:38:27	00:38:25